

Suggested Map Timeline

Jaredites travel to the Land of Promise.	Abt 2200 BC	Ether 6
People of Lehi travel to the Land of Promise.	Abt 600 BC	I Nephi
Mulekites travel to the Land of Promise. Establish Zarahemla.	Abt 589 BC	Omni 14-17
Nephites separate themselves from Lamanites. Settle in "Nephi."	Abt 570 BC	2 Nephi 5:5-9
Coriantomr arrives in Zarahemla.	Abt 400 BC	Omni 21-22
Mosiah leaves the Land of Lehi-Nephi and discovers Zarahemla.	Abt 279 BC	Omni 12-13
1 st Groups Failed attempt to return to Land of First Inheritance.	Abt 200 BC	Omni 27-28
Zeniff's group returns to the Land of first Inheritance.	Abt 200 BC	Omni 27-30
Abinadi preaches in City of Nephi and suffers death by fire.	Abt 148 BC	Mosiah 13-16
Alma believes the words of Abinadi and is expelled from the city.	Abt 148 BC	Mosiah 17:2-4
Alma teaches and baptizes in the Waters of Mormon.	Abt 147 BC	Mosiah 17
People of Alma depart Waters of Mormon and settle in Helam.	Abt 145 BC	Mosiah 23:1-5, 19
King Noah suffers death by fire.	Abt 145 BC	Mosiah 19:20
Priests of Noah flee the City of Nephi.	Abt 145 BC	Mosiah 19:21
Priests of Noah capture Lamanite daughters as wives.	Abt 140 BC	Mosiah 20
King Limhi sends search party to find Zarahemla.	Abt 130 BC	Mosiah 8:7-8
Ammon (+15) departs Zarahemla to find Zeniff's Group.	Abt 121 BC	Mosiah 7
King Limhi and his people escape with Ammon for Zarahemla.	Abt 120 BC	Mosiah 22
Lamanite Army searches for Limhi's group and gets lost.	Abt 120 BC	Mosiah 22:15-16
Lamanite Army find the priests of Noah in Amulon.	Abt 120 BC	Mosiah 23:30-32
Priests of Noah join Lamanite Army.	Abt 120 BC	Mosiah 23:35
Lamanite Army discovers the people of Alma in Helam.	Abt 120 BC	Mosiah 23:25-26
Ammon and the People of Limhi return to Zarahemla	Abt 120 BC	Mosiah 22:11
People of Alma escape Helam and travel to Zarahemla	Abt 120 BC	Mosiah 24:19-25

NOTE: Consider printing this page for quick and easy reference.